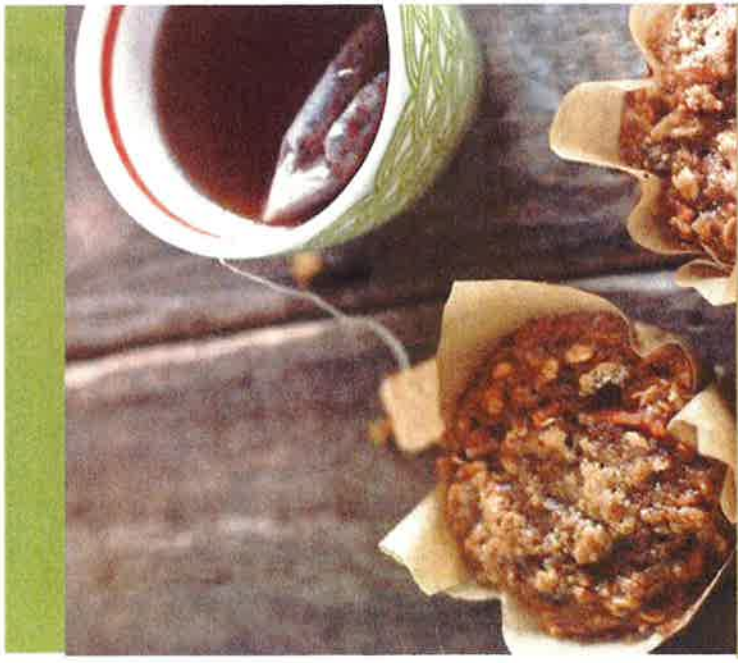


Although there is no charge for the Day Away Program, we ask that you consider making a donation to Hospice Wellington to support our programs and services. Large or small, your gift will be greatly appreciated.

JOIN US FOR A DAY AWAY!



Break Away from the Routine

"It was such a relief to know I don't have to prepare; I just come and enjoy my day."



Hospice
Wellington

765 Scottsdale Drive

Guelph, Ontario

N1G 3R8

P: 519-836-3921

F: 519-836-2154

Call Intake to Register.

www.hospicewellington.org

Hospice Day Away Program



Our Day Away Program

considers the needs of palliative clients acknowledging that they need social interactions, friendly discussions and enjoyable activities in their lives too. Day Away clients are invited to take part in the social activities and discussions that are offered weekly.

A typical Day Away session begins with a refreshing morning coffee, followed by a visit from a guest who will share expertise on certain topics (subjects vary). Group members are encouraged to take part in discussions or activities.

A hot, family-style lunch also will be served to conclude the morning. In the early afternoon, a variety of relaxing activities will be offered such as Therapeutic Touch[®], crafts, card games, or just the simple opportunity to relax and socialize.

Hospice volunteers pride themselves on the relaxing, welcoming atmosphere that is set for their participants and always encourage feedback or suggestions. Together, the group shapes the session.

A Day Away is:

- A weekly retreat from the routine of your week; plus it can be respite for the caregiver
- A social time to participate in discussions and group activities that promote fun, laughter and well-being
- A break from home and medical appointments with people who, like yourself, are dealing with a life-limiting illness
- An opportunity to focus on you and let you learn about and take part in a variety of therapies including Therapeutic Touch[®], art, music and horticulture
- A chance to discuss the challenges of living with a life-threatening illness

The Day Away Program is for those who:

- Can tend to one's own self-care needs; take one's own medicine
- Can get around unassisted or with the aid of a walker/wheelchair
- Are living with a life-threatening illness

Please Contact our Day Program Coordinator to Register!

Companionship, Camaraderie & Company